

P.S. BONELESS

BONELESS Round Steak

U.S.D.A. CHOICE

LB. **\$1.59**

LEAN TENDER Cube Steaks LB. \$3.09	P.S. SIRLOIN Tip Steaks U.S.D.A. CHOICE LB. \$2.49	CARLTON'S PIMENTO Cheese Spread 14 OZ. CTN. \$2.39	ARMOUR STAR Sliced Bacon 1 LB. PKG. \$1.89
FRESH TENDERIZED BONELESS Round Steak LB. \$1.79	DELICIOUS FRESH Gravy Steaks LB. \$2.99	SEA HOST Perch Fillets LB. \$3.39	1 1/2 LB. ARMOUR STAR Cheeseburger Patties \$3.99
UNIVERSAL Minute Steaks LB. \$2.99	UNIVERSAL Chopped Sirloin LB. \$2.99	SEA HOST Turbot Fillets LB. \$2.99	FRESH SLICED Beef Liver LB. .89

P.S. BONELESS

BONELESS Rump Roast

U.S.D.A. CHOICE LB. **\$2.09**

TRUE VALUE

TV Sliced Bacon

1 LB. PKG. **\$1.39**

MINIMAX MEAT MAKES

TRUE VALUE ORANGE

TV Juice

BUY A 16 OZ. CAN OF TRUE VALUE FROZEN ORANGE JUICE, GET A 5 OZ. PACKAGE OF GOOD VALUE FROZEN WAFFLES... **FREE!**

HALF GALLON, ASSORTED FLAVORS
Borden's Ice Cream RND. CTN. **\$1.98**

GORTON'S CRUNCHY FISH PORTIONS OR
Crunchy Fish Sticks 12 OZ. PKG. **\$1.98**

TRUE VALUE
Frozen Onion Rings 16 OZ. PKG. **.95**

STOUFFER'S GLAZED CHICKEN

Lean Cuisine

\$2.49

8.5 OZ. PKG.

"An Apple for the Teacher" **TIPS TO CLIP**

That shiny apple sitting on the teacher's desk may have had a little help getting groomed for the first day of school. It's not all just for cosmetic purposes, either. Certain fruits and vegetables are often given a coating of wax that not only enhances appearance but improves quality. You see, when some produce is washed at the packing plant to clean off dirt and sprays, the natural waxy covering may be removed. This increases moisture evaporation and loss of quality, flavor and nutrients. So a new coating is put on, under limitations set up by the Food and Drug Administration for the public safety. This is also common on some cucumbers, citrus, tomatoes, apples, peppers and honeydew melons. In some cases, fungicides may also be added to further control decay.

Toxicologists claim this type "waxing" poses no problems to human beings because a very small amount is used and it is not harmful. Fresh vegetables and fruits should be washed before eating.

Carol Scroggins
Director of Consumer Services, P.O. Box 1478, Houston, TX 77251

FROZEN FOOD SPECIALS

TRUE VALUE FROZEN SLICED

TV Strawberries

10 OZ. PKG. **.73**

TRUE VALUE PREMIUM

TV Vegetables

10 OZ. PKG. **.55**

BROCCOLI CUTS OR SPEARS, CAULIFLOWER OR BRUSSELS SPROUTS

TRUE VALUE

BONELESS Hams

\$1.59

WATER ADDED WHOLE LB.

TRUE VALUE BONELESS Hams HALVES \$1.65 LB. WATER ADDED	OSCAR MAYER Bologna REGULAR OR BEEF 12 OZ. PKG. \$1.39	TRUE VALUE Turkey Hams WHOLE OR HALVES LB. \$1.39	ROEGELEIN Franks TEXAS SIZE 1 LB. PKG. \$1.49	WILSON BONELESS Pork Loins LB. \$2.89
OSCAR MAYER REG., CHEESE OR BEEF Smokies 12 OZ. PKG. \$1.99	1 LB. PKG., ROEGELEIN Chopped Ham \$2.79	JONES CANADIAN Sliced Bacon 6 OZ. PKG. \$2.79	WILSON BONELESS Pork Tenders LB. \$2.79	LOUIS RICH HAM, TURKEY OR Pastrami 6 OZ. PKG. \$1.49
OSCAR MAYER Pork Links LB. \$2.89	JONES 6 OZ. PACKAGE Sliced Ham \$1.99	LOUIS RICH Turkey Franks 12 OZ. PKG. .79		

JIMMY DEAN

Pork Sausage

BUY ONE 1 LB. ROLL OF JIMMY DEAN SAUSAGE, GET ONE DOZEN TRUE VALUE LARGE SIZE EGGS... **FREE!**

REGULAR, HOT OR SAGE

ARMOUR STAR MEAT OR

Beef Hot Dogs

12 OZ. PKG. **\$1.09**

THE MEAL!

There Are Savings In Every Department!

BAKERY & DELI SPECIALS

AT PARTICIPATING STORES ONLY

CRISPY BUCKET-O-

Chicken

EACH 8 PC. BUCKET **\$3.49**

FRESH BAKED

White Bread

18 OZ. LOAVES FOR **2 \$1**

GOOD VALUE SOFT

Margarine

BUY ONE 1 LB. BOWL OF GOOD VALUE SOFT MARGARINE, GET ONE 10 CT. CAN OF TRUE VALUE HOMESTYLE OR BUTTERMILK BISCUITS... **FREE!**

TRUE VALUE
Cottage Cheese 16 OZ. CARTON **.89**

BREAKFAST FAVORITE, FRUIT PUNCH OR
Tropicana Lemonade 64 OZ. CTN. **.89**

FOR BAKING
Borden Buttermilk 1/2 GALLON CARTON **\$1.29**

JALAPENO, ONION, CHILI OR GARDEN CHIVE
Borden Dips 8 OZ. CTN. **.59**

TRUE VALUE

TV Sour Cream

.79

16 OZ. CTN.

Cultured Sour Cream

6 CT. PACKAGE, FRESH BAKED Onion Rolls PKG. \$1.19	DELICIOUS ECKRICH Pepper Loaf LB. \$3.79
OLD FASHIONED Fresh Donuts 4/.79	LUNCHTIME FAVORITE, RUSSER Beef Bologna LB. \$2.29
29 OZ. HOME MADE Carrot Cake EACH \$5.99	HOME STYLE Cole Slaw LB. .79
3 FLAVORS, 16 OZ. Coffee Cakes EACH \$1.99	NORWEGIAN CHEESE Jarlsberg LB. \$3.99